

RECOMMENDED EMERGENCY KIT FOR OYC RESIDENTS

We never know when disaster will strike, and every household should have an emergency kit. Below are the **MINIMUM** supplies recommended. These supplies can be purchased as a kit or assembled on your own. It is suggested you should store them where they are easily accessible for you to grab if you need to evacuate. Packing smaller items in a 5-gallon bucket with a lid is also a good idea. For more information see: www.redcross.org.

BASIC KIT

General

Water—one gallon per person, per day (3 day supply for evacuation, 2 week supply for home)

Food—non-perishable, easy to prepare items (3 day supply for evacuation, 2 week supply for home) Freeze-dried or dehydrated food is recommended because they are lightweight and have a long shelf - many are 15-20 years.

Flashlight (and extra batteries)

Radio – Battery powered or hand crank (NOAA Weather Radio, if possible)

First aid kit

Emergency blanket

Whistle

Surgical masks

Matches (in waterproof container) or fire starter

Rain gear

Work gloves

Household liquid bleach (unscented) for disinfecting

Personal Items

Medications (in original containers)

Sanitation and personal hygiene items (Soap, hand sanitizer, toilet paper, toothbrush & paste, chapstick, etc.)

Personal ID (drivers license, passport)

Cell phone with chargers

Family and emergency contact information and phone numbers

Extra cash, and a credit card

ADDITIONAL ITEMS TO CONSIDER

Additional Water / Water Filtration System - Due to OYC's isolation, a 2 month supply is recommended. Two heavy-duty water filters have been purchased for Club use.

Water Container (collapsible, or you can use a 5 gallon bucket to store kit)

Additional Food - Due to OYC's isolation, a 2-month supply is recommended, available in freeze-dried packets within a 5-gallon bucket, up to a 20-yr. shelf life. Other foods to consider: High-energy foods such as peanut butter, trail mix, & power bars; staples such as sugar, salt and pepper; comfort foods such as cookies, instant coffee, tea bags and hard candy. Most of these would have to be replaced more frequently, however.

Propane stove (camping type) and propane tanks

Cooking items: cooking pot, knife, manual can opener, utensils, cups & plates, dish soap, aluminum foil, plastic wrap and re-sealing plastic bags.

Headlamp, Lantern (and extra batteries or propane)

Sleeping bags, tent, plastic sheeting & tarp

Large plastic garbage bags to keep things dry

Extra clothing, hat and sturdy shoes

Duct tape

Scissors

All-purpose tool (like Leatherman or Swiss army knife)

Towels (micro fiber camping towels that are small, light and dry quickly are ideal)

OTC medication such as pain reliever, antacid, anti-diarrhea, laxative, etc.

Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies, bank and credit card numbers, etc.)

Playing Cards or other entertainment items

Two-way radios (and extra batteries)

Extra set of car keys and house keys

Paper and pens

CONSIDER INDIVIDUAL NEEDS OF FAMILY MEMBERS

Medical supplies (hearing aids & extra batteries, glasses, contact lenses, etc.)

Pet supplies (collar, leash, ID, food, carrier, bowl)

BASIC SUPPLIES IN YOUR CAR

Since we may not be at home when the big one strikes, it is suggested to have a basic kit in your car. You should have these in your car for emergencies anyway.

Flashlight

Walking shoes

Emergency blanket

Rain gear

Energy bars

First Aid kit

YOUR NOTES:

Sources for Supplies

Emergency Kits can be found on the internet. A simple search of 'emergency kits' will provide plenty of links. The Red Cross has information on emergency kits as well as making an emergency plan, preparing your home, and specific disaster information.

Please see attached pages for examples of kits and food supplies that are available. The committee is not recommending any specific item, but is providing this information for reference. Please consider your household and individual needs when assembling your emergency kit, but please - make one!

www.redcross.org.

www.amazon.com

www.costco.com

The OYC Ad Hoc Emergency Planning Committee